



Insync Colour & Style Newsletter



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Autumn & Winter 2010

We are now headed into the autumn and winter seasons and can look forward to bold and bright colours in reds, purples, hot pinks and oranges to brighten up the long winter days.

This season it is back to the 1980's so it is all about statement shoulders.

However, fear not, the oversized shoulder pads of the Dynasty era are not returning, just designs which draw attention to the shoulder area. This will include sequins and studded panels or yolks across the shoulders, flip up shoulder extensions, cap, gathered and pleated sleeves, all of which will extend the shoulder line. A great look, particularly for the pear shape body which will help balance the larger hips.



Pencil skirts of the 80's are also back. Matched with jackets for a sleek, well groomed and polished appearance.

The trench coat is also returning. A very versatile piece for your wardrobe during the winter months.

Long flowing tanks and sleeveless long line vests worn over long sleeved tees for a casual look with your favourite jeans.

There will be lots of animal prints, particularly in tops and blouses.

Accessories are also going to be bold. From large

dangling earrings to chunky bracelets. Be careful not to go over the top for your particular scale and neck length.



TIPS

Check your colour swatch before buying anything new this season. Watch out for styles to flatter your body shape by understanding your style guide.

If you haven't had your body analysis done yet, then now is the time to make an appointment. You will learn about your body shape and which styles will enhance your figure, as well as which styles to avoid. Your face shape plays an important part in choosing, not only your hairstyles and spectacles, but necklines and jewellery.

Of course your bone scale also determines patterns and accessories which are right for you.



Handbags will also be large tote type bags in leathers and animal prints, with buckles, studs and eyelets.

Shoes this season will be focused on ankle boots, some with open toes, but lots of straps, buckles and studs. Also ballet flats with lots of adornments. Again we will see animal skin prints on the shoes.



Skin Care & Make-Up Workshops



Having had several requests for more workshops I have put some dates together during April and May, so I do hope you can make it along to one of them.

One of the first things people notice about you is your face, which is why your skincare regime is so important. With this in mind, I am conducting some skincare and make-up workshops where you will be able to try various products. So if you are interested in updating your current look and trying out some skincare products, which will help turn back the clock and give you younger looking skin, then come along to one of the sessions.

The cost of the session is \$20 per person, which is redeemable on products on the day. You will also receive a free trial pack of skincare products containing wash, toner, serum, eye cream, day cream containing SPF 8 and a night cream to take home with you.

Bring a friend and you come for free (or split it with your friend).

Bookings are essential, so please call me on 9873 1409 to book in.

Wednesday 7th April 2:00pm
Thursday 15th April 10:30am
Friday 14th May 10:30am
Monday 24th May 2:00pm

Guest Speaker

Do you belong to a group which needs guest speakers? If so I would be happy to come along and share some colour and image tips with you. Give me a call to find out more.

Foundation Garments

It is so important to wear underwear which supports your body shape, which in turn will enhance your outer garments.

Wearing the correct bra for you will lift your breasts into the right position, which is half way between your elbow and shoulder.

This will give you a longer waistline and a more flattering figure. You will be surprised at the difference it will make to your shape.

If your breasts have reached your waist, act **now!**

Every woman deserves to feel beautiful and sexy, and it starts with good fitting underwear.

Are your foundations supporting your body?

April Special Offer!



During the month of April book in for a colour consultation and get a free lipstick in your choice of colour. Valued at \$30. HURRY!

Mother's Day Gift Vouchers

With Mother's Day just around the corner why not give her a Gift Voucher for a Colour and Style consultation. Or perhaps for some make-up or skin care products.

CREDIT CARD FACILITIES



If you want to place an order for anything in my range of products just pick up the telephone, tell me what you would like and give me your credit card details. Your order can then be mailed out to you, delivered or picked up by you at a time to suit.

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